

National Seniors

Australia

Central Coast - Wyong Branch

SENIORS INSIGHT

wyongnationalseniors.org.au

Tuesday, June 26, 2018

We have now entered the winter months while Kevin and Helen are enjoying the sun in Sicily and they wish to pass on their wishes to everyone at the meeting today.

Although July 26 is our outing for Christmas in July, some members may be interested in a free tea and technology seminar for seniors on Thursday July 26 9:30am – 12:30pm for a relaxed, interactive event where you will learn more about technology including YourLink, an award winning free app for seniors to stay in touch with family, friends and the local community. At Club Mingara, bring your iPad, iPhone, tablet or smartphone along. Bookings essential: call 1300 578 478 or email info@adssihomeliving.com.au

We have been fortunate to receive a cheque for another Grant from Central Coast Council to the value of \$2,049.70 from their Community Support Grant Program, which will enable us to purchase a printer for Pam Pearce including toners, as well as toners for our laserprinter operated by myself. The Good Guys also give us a credit which covers several reams of paper, so printing costs are at zero. We will now be able to print our own membership campaign brochures.

I have just received (22/6) email from NSA Qld who have informed us they are running a campaign until July 1 on **new memberships only** to receive a bonus of 12 month membership or two years for the price of one, three years for the price of two and four years for the price of three.

Robyn Watson, Secretary

First Monday Lunches: 11:30 am to 2pm

- July 2, 2018** Wyong Rugby Leagues Club, 40 Lake Haven Drive, Kanwal.
- August 6, 2018** Long Jetty Hotel, 405 The Entrance Road
- September 3, 2018** Caves Beachside Hotel, 7 Mawson Close, Caves Beach, Lake Macquarie
- October 2 (Tues), 2018** Bateau Bay Hotel, cnr The Entrance Road and Lumby Drive, Bateau Bay

GUEST SPEAKERS

- June 26, 2018 Angela Allen,
Guide Dogs NSW/ACT**
- July 24, 2018
Sue Watson does Pam Ayres**
- August 28, 2018
Rudi Bartl, Health/Community Dietitian,
Central Coast Health District,
“Nutrition for Older People”**
- September 25, 2018
Margot from Emergency Medical Services
SafeTCare 24/7 personal alarm systems**



SOCIAL OUTINGS

If you wish to cancel any of your committed social outings, Please email Helen Williams, thwilliams63@gmail.com and make sure that you receive confirmation of your cancellation.



- **July 26, 2018 (Thursday)**

- **Christmas in July, Rod Stewart and Elton John Show.**

Ettalong Diggers, 51-52 The Esplanade, Ettalong Beach.
\$45pp 2 course meal and show, complimentary drink. (Bus no charge for our members, visitors to pay \$45+\$15),
leaves Mingara 10:15am, Tuggerah 10:30am. Maximum 30.
To be paid at June meeting. **Bus pickup for Mingara will be at the Mingara Regional Athletic Field near Mingara Club.**

- **Wyong Art House August 15, 2018 (Wed)**

Venue tour followed by a rundown on the Art House to date and what their plans are for the future, followed by morning tea. Gold coin donation which goes to a local charity at the end of the year. All flat walking and wheelchair friendly.



- **September 20, 2018 (Thurs): Picnic Day Long Jetty Foreshore Reserve with a view of the lake**

Bring own tables and chairs, picnic lunch
11am to 2pm.



- **EOI October 18, 2018 (Thursday)**

The Riverboat Postman. \$45 including morning tea and lunch, cruising on the Hawkesbury Mail Boat, the famous Riverboat Postman, as they deliver the mail. Car pool.



- **Holiday to Murray and High Country 7/10/2018**

“Linga Longa in Yarrawonga” offers a truly unforgettable touring experience.

- **Australia Day BBQ January 26, 2019**

Alison Homestead, Wyong



Event Cinema, Tuggerah, Senior Screenings 10:30am, Wed July 25, 2018 Mamma Mia Here We Go Again.

Sequel to Mamma Mia, starring Christine Baranski, Pierce Brosnan, Julie Walters, Cher, Meryl Streep, Colin Firth and many more. Morning tea 10am. \$10...and...



Wednesday, August 8, 2018 10:30am The Wife with Glenn Close and Jonathan Bryce. As the apparently perfect wife of a Nobel prize winning writer, Close gives arguably her best ever performance in an adaptation of Meg Wolitzer's novel. 10am free morning tea. \$10



Wednesday, August 8, 2018 Laycock Street Community Theatre, Morning Melodies. 11am, morning tea 10am **Tempo Terrific Band** 20th anniversary playing familiar themes from a selection of popular musicals. \$19.



N.S.A. INFORMATION

Office Bearers 2017 -2018

Public Officer	Graeme W	4958 6470
President	Kevin L	4326 1883
Vice President	Alan H	4334 6648
Secretary	Robyn W	4958 6470
Assistant Secretary	Pam P	4393 2030
Treasurer	Dawn S	4359 3268
Assistant Treasurer	Brian W	4307 9359
Publicity Officer	David A	4359 1441
Events Coordinator	Helen W	4389 2589
Guest Speaker Coordinator	Helen L	4326 1883
Welfare Officer	Pat T	4388 3972
Membership	Jean B	4334 5373

Just a reminder that new and existing members are able to join or renew membership of National Seniors by returning your application/renewal forms and your payment by cheque (payable to NSA, Central Coast - Wyong) or cash to the Branch Treasurer at a General Meeting. You may also pay by internet: BSB: 112 879 A/c No: 044189087 Name of A/c: National Seniors - Wyong, Reference: Your name and reason. A receipt will issue in due course.



This newsletter has been published due to the purchase of computers and printer via grants awarded by Central Coast Council and Wallarah 2 Coal Project



Our next monthly meeting will be on **Tuesday, July 24, 2018**
2:15pm Canton Beach Sports Club, Hibbard Street, Toukley
wyongnationalseniors.org.au

The following email address for any correspondence pertaining to the Branch:
nsaccwyong@hotmail.com