

National Seniors

Australia

Central Coast - Wyong Branch

SENIORS INSIGHT

wyongnationalseniors.org.au

ANNUAL GENERAL MEETING

Tuesday, August 28, 2018

On 15th August, fifteen of our members took the opportunity to visit The Art House, Wyong, and were given morning tea, back stage tour and a briefing on the operation and objectives of the facility. The Art House was built for the benefit of the local community. Romy, the Sales Events, Booking and Sponsorship Co-Ordinator, made us feel very welcome and introduced us to Tom, Manager of the Building, who gave us a very informative talk on the operation of the whole facility. It was an excellent visit and very much appreciated by all of our members who attended.

To-day, we recognize the end of another year for our Branch. Our AGM reports on an eventful year which has been well supported by an active group of our membership who comprise the Committee and volunteers who give up their time to ensure the success of the Branch. The Meeting will report on all the issues that we have experienced in 2017/18 and hopefully will produce a new Committee to see our organization go forward in 2018/19. We are in desperate need of new faces to come forward and assist with our General Meetings and Social functions.

Regards,
Kevin

First Monday Lunches: 11:30 am to 2pm

September 3, 2018

Caves Beachside Hotel, 27
Mawson Place, Caves Beach

October 2 (Tues), 2018

Bateau Bay Hotel, cnr The
Entrance Road and
Lumby Drive, Bateau Bay

GUEST SPEAKERS

- **August 28, 2018**
**Rudi Bartl, Health/Community Dietitian,
Central Coast Health District,
“Nutrition for Older People”**
- **September 25, 2018**
**Margot from Emergency Medical Services
SafeTCare “24/7 personal alarm systems”**
- **October 23, 2018**
**David Jewell, CEO Wyong Race Club
“Racing Industry on the Central Coast”**
- **November 27, 2018**
**Squadron Leader Phillip Frawley, retired
Fighter Pilot
“Fighter Aircraft from WW1 to today”**
- **January 22, 2019**
**Greg Tunn, Author, new book just released
“Surf Clubs on the Central Coast”**



Sopwith Pup WW1



SOCIAL OUTINGS

If you wish to cancel any of your committed social outings, Please email Helen Williams, thwilliams63@gmail.com and make sure that you receive confirmation of your cancellation.

- **September 20, 2018 (Thurs): Picnic Day Long Jetty Foreshore Reserve with a view of the lake**

Bring own tables and chairs, picnic lunch
11am to 2pm.



- **October 18, 2018 (Thursday)
The Riverboat Postman.**

\$45 including morning tea and lunch, cruising on the Hawkesbury Mail Boat, the famous Riverboat Postman, as they deliver the mail. Car pool. Arrive 9:30am, boat leaves 10am



- **November 6, 2018 (Tues) Melbourne Cup Day at Wyong Race Club** Prizes, champagne on arrival, buffet lunch which has always been fabulous. Details TBA



- **December 5, 2018 (Wednesday)
“ Aunt Molly’s Christmas Crackers” at Wyong Golf Club.** Entertainment, Christmas lunch.
\$30 per member, subsidised by Committee \$12.
Non members \$42



- **Australia Day BBQ January 26, 2019 (Tues)**

Alison Homestead, Wyong
Free to members which covers food and entry,
visitors \$10 pp



